

Iowa Milkweeds

Common Name, Scientific Name, Status (if known for Iowa), #of counties found in Iowa

Clasping Milkweed, *Asclepias amplexicaulis*, 32



Engelman's Milkweed, *Asclepias engelmanniana*, Endangered, 2



Poke Milkweed, *Asclepias exaltata*, 16



Green Milkweed, *Asclepias hirtella*, 40



Swamp Milkweed, *Asclepias incarnata*, 83



Woolly Milkweed, *Asclepias lanuginosa*, Threatened, 15



Mead's Milkweed, *Asclepias meadii*, Endangered, 8



Oval Leaf Milkweed, *Asclepias ovalifolia*, Endangered, 18



Plains Milkweed, *Asclepias pumila*, no county data



Purple Milkweed, *Asclepias purpurascens*, 32



Four leaf Milkweed, *Asclepias quadrifolia*, 12



Common Milkweed, *Asclepias syriaca*, 99



Showy Milkweed, *Asclepias speciosa*, Threatened, 9



Butterfly Milkweed, *Asclepias tuberosa*, 81



Narrow-leaved Milkweed, *Asclepias stenophylla*, Endangered, 3



Whorled Milkweed, *Asclepias verticillata*, 93



Prairie Milkweed, *Asclepias sullivantii*, 52



Green Comet Milkweed, *Asclepias viridiflora*, 57



(Handout created by W. Arnburg, variety of sources for pictures;
<http://monarchwatch.org/bring-back-the-monarchs/milkweeds-by-state/> ; <http://plants.usda.gov>)